



**DEVELOPING
KINGDOM WORKERS**
EASTERN PA ALLIANCE

DEVELOPMENT AREA: **PERSONAL GROWTH**
Theodyssey: Blessed to Bless Others

HOW WILL THIS TRACK HELP YOU BUILD A DISCIPLE-MAKING COMMUNITY?

Personal transformation is essential for disciple making and this track will help you cultivate your heart for deep transformation in community with others. This track will help you live out of your identity in Christ and give you new and helpful language for personal transformation with Jesus. It will also increase your longing to see this happen in your congregation.

TRACK DESCRIPTION

While there is no formula for personal and spiritual transformation, there is a compass. Transformation happens when we agree to slow down, dismantle distorted ways of thinking, and ask ourselves key questions that shape our life: How do I view myself? How do I view God? What practices bring me life? What do my actions reveal about my trust in Jesus? Encountering truth is often disturbing but rediscovering spiritual honesty and grounding our lives in the Gospel opens the door to a transforming friendship with Jesus.

DEVELOPMENT OUTCOMES

1. Identify underlying patterns that shape your choices and behavior
2. Experience the love and delight of Jesus apart from your ministry
3. Discover how being grounded in the person and promises of Jesus leads to whole heart transformation
4. Find joy in hearing and responding to God's invitations to life
5. Fruitful journaling that leads to greater inner awareness.
6. Prepared to help others experience whole heart transformation with Jesus

FACILITATOR

- Shawn Andrews, Daybreak Church Lead Pastor
- JR Irving, New Cumberland Alliance Church Lead Pastor

FORMAT/ SCHEDULE

- Three cohort meetings per month from October 2023 through May 2024
- Cohort meetings will be two Zoom/month and one in-person/month; exact times to be determined
- Full day meeting in October; Cohort retreat in March

RESOURCES

- *Theodyssey: Spiritual Formation Journey* by David V. Smith
- *A Gospel Primer for Christians* by Milton Vincent
- *The Return of the Prodigal Son: A Story of Homecoming* by Henri Nouwen

COSTS

- *Theodyssey* Curriculum - \$85
- Devotional Classics, Richard Foster - \$12
- Retreat -- \$100 (Each member will be asked to bring food supplies and help prepare one meal)



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