

# DEVELOPMENT AREA: PERSONAL GROWTH The Heart and Habits of a Fruitful Life

## HOW DOES THIS TRACK HELP YOU BUILD A DISCIPLE-MAKING COMMUNITY?

Growing disciples have hearts that are captivated by the glory of God and the gospel and have habits that act as a trellis for fruitfulness with Jesus. In addition to developing these habits, this track will help you build a trellis for fruitfulness with Jesus and equip you to raise up a generation in your church to do the same.

## **TRACK DESCRIPTION**

Being fruitful with Jesus is a matter of both our heart and our habits. If our habits are aligned with God's mission and priorities, we will be single-minded in life and ministry. If our hearts are captivated by the glory of God and the gospel, we will stay on course in fruitfulness. This track will dig deep in the heart and help you do the work needed for a fruitful heart and fruitful habits.

## **DEVELOPMENT OUTCOMES**

 Discover God's mission and priorities for the various roles of your life - spouse, parent, ministry
Cultivate a heart that is captivated by the glory of God and the gospel that compels you to love like Jesus
Develop habits of work and rest that are aligned with God's mission and priorities for the roles of your life 4. Develop a trellis for a fruitful life that is rooted in Christ and prepares you to fulfill God's priorities for your life and ministry

5. Be equipped to help others live life with God intentionally

## FACILITATORS

- 1. Alan Rathbun
- 2. Milt Herrold

### FORMAT

- Zoom and in person cohort
- Two full-day retreats; one in the winter, one in the spring

### **SCHEDULE**

- January Zoom meeting
- February Full day retreat
- March Zoom meeting
- April (after Easter) Zoom meeting
- May Full day retreat
- June Zoom or in person gathering
- 3 one-on-one coaching meetings between cohort gatherings

### RESOURCES

- 1. <u>Redeeming Productivity</u> by Reagan Rose
- 2. <u>What is the Fear of the Lord?</u> by Michael Reeves
- 3. Articles and excerpts from other resources

## COSTS

Books



www.epdalliance.org